

## Costa Rica Experiences -Team Soccer & Intercultural Camp Itinerary

Day 1	-Airport pick-up and Arrive as group to Costa Rica -Settle into cabins (*homestays may be an option depending on participant Spanish level) -Orientation -Dinner
Day 2	-Breakfast, Lunch, Dinner -Tour Tour & Meet & Greet with local residents -Excursion: Biological Reserve hiking & Chocolate Tour
Days 3, 4, 5, 7, 8	-Breakfast, Lunch, Dinner -Morning Excursion: River Boat Tour, Waterfall hike, Volcanic Lake Kayaking & Swimming, Ziplining & Thermal Waters, Tamales cooking class with local residents -Afternoon Soccer Training with Tico peers -Evening Community Night
Day 6	-Breakfast, Lunch, Dinner -All-day outing to Arenal National Park -Evening community night
Day 9	-Breakfast, Lunch -Soccer tournament in La Flor, Costa Rica -Closing Potluck
Day 10	-Pack up -Head home!

